

Rite of Confirmation 2009–2010  
St. Michael the Archangel Catholic Church  
Garland Texas

Dear Confirmation Candidate,

Welcome to the ROC! (Rite of Confirmation). We are very excited that you have chosen to receive this sacrament! We pray this year will be a year of spiritual growth as well as be a lot of fun for you as you prepare to receive this sacrament. According to the Catechism of the Catholic Church:

“Preparation for Confirmation should aim at leading the Christian toward a more intimate union with Christ and a more lively familiarity with the Holy Spirit... To this end, catechesis (preparation) for Confirmation should strive to awaken a sense of belonging to the Church of Jesus Christ, the universal Church as well as the parish community.” (CCC 1309)

**Our goal** is to be true to this statement of preparation for Confirmation, in that by the end of this process you will not know everything there is to know about the Catholic Church. Hopefully through previous involvement with religious education, you have a basic understanding of who God is and how the Catholic Church helps us know, love and serve God. It is our hope that at the end of the ROC Program you will:

- develop a more personal faith with the help of the Gifts of the Holy Spirit
- develop a deeper sense of belonging to the Catholic Church
- develop a more active relationship with Christ through prayer
- become a more active, visible sign of Christ’s love at home, school, and here at St Michael’s.

Receiving the Sacrament of Confirmation will complete your Sacraments of Initiation (Baptism, Eucharist, and Confirmation) but is far from the end of your spiritual growth. We hope you will **not approach this year as the “last thing”** you need to do in your faith, but another step as you continue the life long process of becoming like Christ!

The ROC Team is here for you if you need anything! God bless you in this coming year!

St. Michael’s ROC Team

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Requirements

- Complete and turn in Registration Packet during Fall of 2009 (parent and student must be present) – **Deadline for confirmation registration is DUE on or before October 1, 2009**
  
- Confirmation registration form           **(PLEASE COMPLETE ALL FORMS)**
  - Sponsor information form
  - ROC Commitment Pledge
  - Choose a Saint's name and write a report about that Saint
  - Pre-Confirmation survey
  - Baptismal certificate (please include address of Baptismal parish)
  - Confirmation fee of \$75.00 for confirmation retreat, t-shirt and all other confirmation activities.
  
- **Parent and/or Sponsor and Candidate MUST attend ALL 4 SUPER SUNDAYS!**
  
- Active participation in 2009-10 Life Teen (high schoolers) or the 'EDGE' (middle schoolers) programs
  
- Attendance at the Confirmation Retreat (or another retreat) is required by **ALL** candidates.
  
- Participate in two Service Projects; completed Service Project Forms should be turned in before or on the 3rd SUPER SUNDAY which will be held, January 24<sup>th</sup>, 2010.
  
- Write a letter to the Bishop stating your desire to receive the Sacrament of Confirmation, **THESE LETTERS ARE MAILED TO THE BISHOP BEFORE CONFIRMATION, AND HE DOES READ THEM BEFORE ARRIVING AT THE CONFIRMING PARISH**  
**DUE by the Confirmation Retreat on January 23, 2010.**
  
- Participate in Sunday Mass every week.
  
- Participate in the Sacrament of Reconciliation.
  
- Two interviews with a member of the ROC Team;
  1. At the 1<sup>st</sup> SUPER SUNDAY on October 25, 2009
  2. Before confirmation, possibly at the 4<sup>th</sup> SUPER SUNDAY on March 7, 2010.

**\*Fees are not excessive, but if any financial help is needed please, do not hesitate to let us know.\***

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Calendar of Required Events

**\*\*NOTE: PARENT AND/OR SPONSOR MUST ATTEND EVERY SUPER SUNDAY WITH CANDIDATE\*\***

**SUPER SUNDAY TOPICS -- TBA**

**October 25, 2009 - 1st SUPER SUNDAY**

**ALL PAPERWORK DUE AT THIS TIME!!!**

Time: 1:30 - 3:30pm Place: St. Michael's, Curran Hall

**December 6, 2009 – 2nd SUPER SUNDAY**

Time: 1:30 - 3:30 pm Place: St. Michael's, Curran Hall

**January 23, 2010 - CONFIRMATION RETREAT, featuring Mary Lee Becker**

Time: 9:30am – ending with 5:30pm mass Place: St Michael's, Curran Hall

**LAST DAY TO SUBMIT:**

Letter to the Bishop stating your desire to receive the Sacrament of Confirmation.

**January 24, 2010 – 3<sup>rd</sup> SUPER SUNDAY**

Time: 1:30 – 3:30pm Place: St. Michael's Curran Hall

**March 7, 2010 – 4<sup>th</sup> SUPER SUNDAY**

Time: 1:30 – 3:30pm Place: St. Michael's Curran Hall

**Thursday April 22, 2010 - Confirmation Rehearsal with Sponsor**

Time: 7:00pm Place: St. Michael's Curran Hall

**Friday – April 23, 2010 - Confirmation Ceremony with Reception following.**

Time: 7:00pm Place: St. Michael's Curran Hall

**(Students must arrive @ 6:30pm and meet their core-leader in The Curran Hall!)**

ALL CANDIDATES ARE REQUIRED TO ATTEND THE  
CONFIRMATION RETREAT!!!

**\*\*NOTE: PARENT AND/OR SPONSOR MUST ATTEND EVERY SUPER SUNDAY WITH CANDIDATE\*\***

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St. Michael the Archangel - Garland Texas  
Attendance Policy

**Due to the short period of preparation for Confirmation, strong attendance by each candidate is extremely important. As a result, the following attendance policy has been adopted:**

- A) Candidates must have been an active participant in the Life Teen or EDGE programs the year prior to confirmation.
- B) Candidates must enroll and be an active participant in the Life Teen or EDGE programs. Attendance sheets will be taken at each of these programs.
- C) Attendance at all Super Sundays is required. If a session must be missed due to circumstances outside of your control, make-up work will need to be completed.
  - Make up a SUPER SUNDAY by setting up a time with “The Confirmation Team” to come into the faith formation office to get the educational material that was missed. It is **your** responsibility to contact “The Confirmation Team”.
  - Return completed educational material before the next SUPER SUNDAY.
  - If more than one SUPER SUNDAY may be missed, you will have to contact Lisa to see if it will still be possible to be confirmed this year!
- D) For SUPER SUNDAY’s, please try to arrive on time!
  - We want to start at 1:30 PM so come a little earlier to get checked in. Get an announcement sheet, find your nametag, and then find your small group!
- E) **ALL candidates must attend the ROC retreat January 23, 2010.**

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Qualifications for Sponsors

**In order for a person to be qualified as a sponsor for Confirmation, the following REQUIREMENTS must be met:**

- The sponsor must be sixteen years or older
- The sponsor must be a Catholic who has been Confirmed and has already received the Sacrament of the Most Holy Eucharist
- If the sponsor is married, the marriage must be recognized by the Catholic Church.
- The sponsor does not need to be the same gender as the candidate.
- The sponsor cannot be the father or the mother of the candidate.
- It is recommended that the sponsor NOT be someone you are dating.
- The candidate can have only one sponsor. A person may sponsor more than one candidate.

It is desirable that the one who took the role of godmother or godfather at Baptism also be the sponsor for Confirmation, if possible. Please involve your parents in the decision of whom you should choose to be your sponsor.

Ideally the sponsor can attend the four SUPER SUNDAY's, the Confirmation Mass rehearsal and the Confirmation Mass. A parent is asked to attend the SUPER SUNDAY's if the sponsor is unable.

If the sponsor is unable to be at the Confirmation Mass, another person (like a parent) may be asked to “stand in” at the actual ceremony.

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Confirmation Sponsor Questions and Answers

**WHO SHOULD I CHOOSE AS A CONFIRMATION SPONSOR?**

Someone whom you know that is a practicing Catholic. This person does not have to be perfect, as none of us are. Instead, a good candidate is a person who strives to live a holy life and to actively live their Catholic faith. It should be someone who you admire and someone who can help you better live out your Catholic faith. It is also helpful if it is someone you feel you can talk to and that you are comfortable discussing your faith with.

**WHAT QUALITIES SHOULD YOU LOOK FOR IN A SPONSOR?**

There may be different aspects of the Christian life that are most important to you in a sponsor. Maybe you admire their holiness, or their prayerfulness, or their commitment to service, or their willingness to sacrifice for others. There are many things you can look for in a sponsor, but hopefully it is someone who exhibits love for God and their Catholic faith, integrity, virtue, and a commitment to a life of holiness.

**WHY DO I NEED A CONFIRMATION SPONSOR?**

The way the saints became saints was by learning from other holy people, namely other saints! They were individuals that wanted to be good, please God, and someday go to heaven. Your sponsor is an additional role model and another guide. When you go on a journey, you have to plan where to go, what to take, who to go with, and how you're going to get there. Your sponsor will be another person who will help you to grow in your Faith, guide you in what steps you need to take to do that, make suggestions to help you in the right direction for your life, and ultimately be with you and God in heaven. Your sponsor will also be responsible for making sure you act as a true witness to Christ and that you have prepared for this Sacrament.

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Confirmation Registration Form

**Information you supply us below will be used to record your Confirmation in our permanent records. It will also be sent to your church of Baptism so they can record it in their Baptism Register. PLEASE PRINT CLEARLY & COMPLETE THE REQUIRED INFORMATION.**

Name of Confirmation Candidate: \_\_\_\_\_

Candidate's Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Saint's Name to be taken in Confirmation: \_\_\_\_\_

Age of Candidate as of December 6, 2009: \_\_\_\_\_

Date of Baptism: \_\_\_\_\_

Place of Baptism: \_\_\_\_\_

	Church	City	State
Has Candidate received?			
	First Communion	Yes	No
	First Reconciliation	Yes	No

Father's Name: \_\_\_\_\_

Mother's Maiden Name: \_\_\_\_\_

Name of Sponsor: \_\_\_\_\_

Name of Proxy (if applicable) \_\_\_\_\_



Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
ROC Commitment Pledge

I, \_\_\_\_\_, commit myself to begin preparation to receive the Sacrament of Confirmation. By signing this contract I commit myself to prepare spiritually and mentally between now and when I am confirmed. I will do this in the following ways:

1. Through personal prayer
2. Through attendance at Mass at least weekly
3. Through receiving the Sacrament of Reconciliation
4. Through studying the faith and asking questions
5. Through attendance and active participation at all Life Teen or EDGE meetings
6. Through attendance and active participation at all Super Sundays
7. Through attendance and active participation at the confirmation retreat
8. Through service to the community

I also commit myself to being open to all that God has to reveal to me during this time of preparation, to the Holy Spirit and how He wants to move in my life, and to what the ROC Team has to share with me. I understand the Sacrament of Confirmation is a gift from God rather than a requirement to get out of the way. Therefore I take this step freely and without reservation.

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Candidates Signature

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Date

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Choosing Your Saint

A part of the Confirmation process is choosing a saint and writing a report on that saint. **The name of the saint you choose is the name that you will be confirmed under.** For example if you choose St. Anthony, you will be Confirmed: “Anthony, be sealed with the gift of the Holy Spirit.” Often, people question why they have to write a report about a saint. The report is just a way to get to know more about the saint that you are choosing. The real importance is in really learning about different saints to find a saint that you really feel a connection with.

**Your Saint report should include your name, the Saint you picked, what you know about the Saint AND why you picked them.**

So, why is it even important to pick a saint? As Catholics, we know the power of having Mary and the saints pray (or intercede) for us. Many saints are patrons of different things, meaning they are the special protector or supporter of certain areas. For example, St. Cecilia is the patron saint of musicians and St. Francis of Assisi is the patron saint of animals. You may decide to choose a saint based upon what they are the patron of, but whatever saint you choose, they also become *your* patron. This means that they will be looking out for you in a special way for your entire life, until one day when you meet them in heaven!

There is also great significance in taking on the saint’s name as your own. We see in both the Old and New Testament of the Bible the significance of names and how God gave people new names at important points in their lives. For example Abram became Abraham, Jacob became Israel, and Simon became Peter. (To find out what happened to these people, check out Genesis 17:1-8, 32:23-29, and Matt 16:13-20.)

So, choosing a saint and taking on their name is not just one more thing you ‘have to do’ to get Confirmed. It is a huge part of this important step in your life and a reflection of the beauty of the Catholic faith. So, please, take some time to find a saint you really have a connection with. If you have any trouble deciding on a saint, just ask and we will be happy to help.

Find out about the saints by visiting our church library or going on the internet at [www.catholic.org/saints](http://www.catholic.org/saints) and at [www.lifeteen.com](http://www.lifeteen.com).

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St. Michael the Archangel - Garland Texas  
Pre-Confirmation Survey

Name: \_\_\_\_\_

1) Why do you want to be confirmed? \_\_\_\_\_

\_\_\_\_\_

2) Do you attend mass on a weekly basis? Yes No If no explain why: \_\_\_\_\_

\_\_\_\_\_

3) How often do you pray? \_\_\_\_\_Never \_\_\_\_\_Once in a while \_\_\_\_\_Daily \_\_\_\_\_Multiple times a day

4) Circle the prayers you know: Our Father Hail Mary Glory Be Act of Contrition

Apostles Creed

5) Does God love you? Yes No Who is God? \_\_\_\_\_

\_\_\_\_\_

6) Who is Jesus and what impact does he have on your life? \_\_\_\_\_

\_\_\_\_\_

7) Does the Holy Spirit help in your daily walk? Yes No How? \_\_\_\_\_

\_\_\_\_\_

8) When was the last time you went to confession? \_\_\_\_\_

9) When was the last time you received communion? \_\_\_\_\_

10) Who is a Christian role model in your life? \_\_\_\_\_

11) What are you asked by God to do with your life? \_\_\_\_\_

12) If you die tonight will you go to heaven? Yes No Maybe Explain: \_\_\_\_\_

\_\_\_\_\_

13) What is something you enjoy doing? \_\_\_\_\_

14) What is something you enjoy eating? \_\_\_\_\_

\_\_\_\_\_

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Community Service Requirement

The community service requirement must be fulfilled through participation in two **service projects** instead of through completion of service hours. A true spirit of service is not just about accumulating a certain number of service hours or completing a certain number of projects, but instead is about the desire to help others, and a sense of fulfillment and accomplishment. The hope is that through participation in service projects you will grow to incorporate service to others as an important part of your faith.

The requirements are as follows:

- A service project is simply a project that benefits others in the church or community. A service project is not something like simply donating food (although that is a good thing to do!), but something that involves a time commitment and significant investment of yourself.
- Service Projects must be completed by the third SUPER SUNDAY on January 24, 2010. **Please do your service projects in a timely manner! Do not let this keep you from participating in the sacrament of confirmation!**
- After completing a service project please fill out the Service Project form and turn it in.

St Michael's offered 2 very big opportunities to serve our community during the summer which will be accepted as service projects:

- Mission Possible from Summer 2009
- Vacation Bible School from Summer 2009

Sign-up sheets are located outside the faith formation office. We encourage participation in these programs both this summer and in summers to come. Additional project opportunities will be announced during the school year.

Rite of Confirmation 2009–2010  
St. Michael the Archangel - Garland Texas  
Service Project Form

Name \_\_\_\_\_ Date of Project: \_\_\_\_\_

Location of project: \_\_\_\_\_

What did you do during your project? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Amount of Time involved: \_\_\_\_\_

Signature of Supervisor: \_\_\_\_\_

How did this project serve others? \_\_\_\_\_

\_\_\_\_\_

Describe what you learned from this project: \_\_\_\_\_

\_\_\_\_\_

How did you show God's love to others while serving? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of Student: \_\_\_\_\_

## Rite of Confirmation 2009–2010

### St. Michael the Archangel - Garland Texas Confirmation Letter

Another part of the Confirmation process is to write a letter to the person who administers the Sacrament. Unfortunately, this person is not able to get to know each of you individually. Therefore, it is requested that you write a letter to him so he knows a little bit more about you and what you have done to prepare to receive this Sacrament. **The letter should be typed or written with good penmanship and should follow the example below:**

#### Confirmation Letter Template

**Date:**

**Greeting:** Your Excellency

**Body Includes:** Your full name

That you want to be confirmed at St. Michael Catholic Church in Garland on April 23, 2010.

How you have prepared...

Super Sundays

Participate in Life Nights or EDGE sessions

Prayer

List service project

Special activities (retreat)

What Saint name you selected for your confirmation name and why

Who you have asked to be your sponsor and why

**Closing:**

*Possible choices are:*

Sincerely yours,

*OR* In Christ,

*OR* A Confirmation candidate,

**(Don't forget your signature!)**